

Monthly Meeting

11th February, The Forum, 10.15am

“Child Gambler Wins Life Back - Paul Isherwood

A 10 year old schoolboy lured by the magnetic pull of a four year gambling addiction having a light bulb moment seeks help and now well into his fifties hasn't gambled ever since....

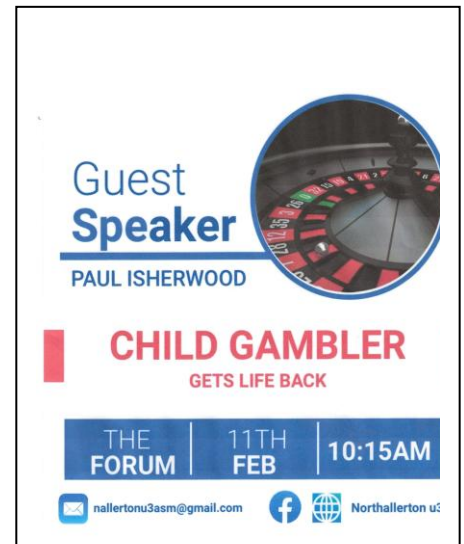
Future Meetings

11th March – Service Child – Paul Davison

8th April – Of Fish and Actors – Chris Lloyd

13th May “Sister Dora” – Suzanne Stirke

Note – change of date for April meeting from 15th to 8th



Speaker Meeting Rotas

Coffee

Feb Table Tennis

Mar Tai Chi

Apr Trips Out & Stroll

Registration

Pilates 1

Pilates 2

Pub Lunch Group

If there are any problems please contact Craig

U3a Northallerton – Renewal of Membership for 2026

Just a reminder that membership fees were due from 1st January ...with thanks to those who have already paid. 😊

Memberships not renewed by end February will be removed from the u3a

You may pay by cheque or bank transfer (no cash)

Payment through Bank Transfer:- using surname and membership no as the reference.

Pay to TSB Northallerton
Sort Code 30-96-08

Account u3a Northallerton
Account No 00283335

Would members please remember to update any changes to their address, telephone number or email address...which need to be advised to the Membership Secretary.

Please also remember to confirm payment by emailing the Membership Secretary with your membership number.

Mary's Meals

In the last newsletter, members were asked to donate any spare foreign coins (and notes!) to support Mary's Meals, the charity our u3a supported in 2025.

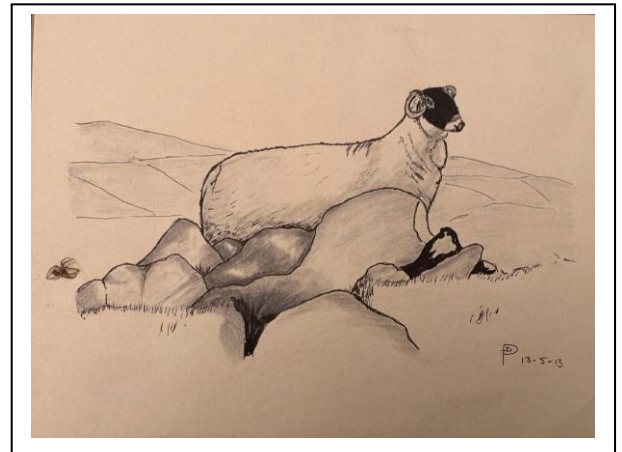
I am delighted to report that there was a magnificent response and we now have a large bag of cash from foreign lands near and far to pass over to the charity. (We have not counted it -will leave it to the charity to do the sorting and cashing up!) We will be collecting again this February at the speaker meeting in case you forgot! Thank you. Phil Smith

u3a - Learning Activities

The latest theme in the Paint and Draw category was **"Not Quite What It Seems"** ...with a pencil sketch by Dennis Parkinson being featured in the Gallery selection. Well done Dennis 😊

"Sheep or... ?"

A pencil sketch of a sheep standing on or by a wall. Then I saw either fish or chicken legs in the foreground, then a Magpie just to the side followed by a seal's head laid down at the side or a chicken leg.



Other members' views welcome 😊😊

It would be great to see more entries in the Painting, Drawing and Photography categories in the u3a Learning Activities section in the u3a National website. Editor

The Last Word [alastair.mcminn@gmail.com]

Date for the Diary

u3a Northallerton are planning a coffee morning for Wednesday 18th March in the Town Hall between 10:00 and 12:00. More details to follow.

The Last, Last Word

The Forum has experienced some air-con issues and is expecting replacement parts by end Jan/ beg Feb...when work will commence to fix the problem. Heaters have been placed in halls well before meetings...but some members have still suffered from the cold halls. Group Leaders have been advised that there is no issue in cancelling meetings until such time as the problem is resolved.

Group leaders in affected groups should let me know about any required cancellations as early as possible. The Forum apologise for this inconvenience and hope to get it resolved soonest.



u3a Northallerton - Meetings 2026

For more information about u3a meetings - contact the Group Co-ordinator at groupsnallertonu3a@aol.com

Group	Day	February	March	Time	Venue
Alternative Walking	Tuesday	3rd, 10th, 17th, 24th	3rd, 10th, 17th 24th, 31st	10.00am	Varies
Badminton	Thursday	5th, 19th, 26th	5th, 12th, 19th, 26th	9.00 - 10.30am	Forum
Basic French	Friday	6th, 20th	6th, 20th	1.30 - 3pm	Forum
Beginners Crafts	Monday	16th	16th	3.00 - 4.30pm	Forum
Book Club	Wednesday	18th	18th	10.30 - 11.30 am	Library
Canasta	Monday	16th	16th	1.30 - 4.30pm	Forum
Craft Circle	Monday	23rd	23rd	1.30 - 3pm	Forum
Creative Cards	Friday	13th	13th	3.00 - 4.30pm	Forum
Creative Writing	Monday	9th	9th	1.30 - 3pm	Library
Exercise to Music	Thursday	5th, 12th, 19th, 26th	5th, 12th, 19th, 26th	11.00 - 11.45am	Forum
Family History	Monday	16th	16th	1.30 - 3.00pm	Library
French Conversation	Friday	6th, 20th	6th, 20th	3.00 - 4.30pm	Forum
Functional Fitness	Tuesday	3rd, 10th, 17th, 24th	3rd, 10th, 17th 24th, 31st	10.00-10.45am	Forum
Functional Fitness 2	Tuesday	3rd, 10th, 17th, 24th	3rd, 10th, 17th 24th, 31st	11.00 - 11.45am	Forum
History	Wednesday	4th	4th	2.30 - 4.00pm	Library
Intermediate German	Friday	13th, 27th	13th, 27th	1.30 - 3pm	Forum
Long Walking Group	Tuesday	3rd, 17th	3rd, 17th, 31st	10.00am	Varies
Mahjong	Wednesday	11th, 25th	11th, 25th	1.30 - 3.30pm	Library
Monthly Meeting	Wednesday	11th	11th	10.00 - 11.30am	Forum
Music for Fun	Thursday	5th,12th, 19th, 26th	5th, 12th, 19th, 26th	2.00 to 4.00pm	Scout Hall
Natural History	Varies	No meeting	25th	Varies	+ Outings
Painting & Sketching	Friday	13th, 27th	13th, 27th	1.30 - 3pm	Forum
Philosophy	Monday	23rd	23rd	1.30 - 3pm	Forum
Photography	Monday	16th	16th	Varies	Forum + Outings
Pickleball	Wednesday	4th,18th,25th	18th, 25th	10 - 11.30am	Forum
Pilates 1	Thursday	5th,12th, 19th, 26th	5th, 12th, 19th, 26th	12 - 12.45pm	Forum
Pilates 2	Thursday	5th,12th, 19th, 26th	5th, 12th, 19th, 26th	1pm - 2pm	Forum
Pub Lunch Group	Friday	27th	27th	12.30 for 1pm	Outings
Qigong [Tai Chi]	Wednesday	4th,11th,18th,25th	4th,11th, 25th	1.30 -2.30pm	Catholic Ch. Hall
Quiz	Monday	9th	9th	1.30 -3pm	Forum
Recorders	Thursday	5th,19th	5th, 19th	10.00 - 11.30 am	Forum
Rummikub	Monday	9th	9th	3.00 - 4.30pm	Forum
Shanghai	Monday	23rd	23rd	3 - 4.30pm	Forum
Signing Group	Monday	9th, 23rd	9th, 23rd	1.30 - 2.30pm	Library
Singing for Fun	Monday	2nd, 16th	2nd, 16th, 30th	10.00 - 11.30 am	Methodist Hall
Spanish	Monday	9th, 23rd	9th, 23rd	3.00 - 4.30pm	Forum
Table Tennis	Tuesdays	3rd, 10th, 17th, 24th	3rd, 10th, 17th 24th, 31st	2.00 - 3.30pm	Forum
Trips Out	Varies	20th Kiplin Hall	TBC	As advised	Various
Ukulele	Monday	2nd, 16th	2nd, 16th, 30th	2.00 - 4.00pm	Scout Hall