

Newsletter

April 2026

Monthly Meeting

The Forum, 8th April – 10.15am

8th April – Of Fish and Actors – Chris Lloyd
100 years of Darlington Civic Theatre

Future Meetings

- 13th May- “Sister Dora” – Suzanne Stirke
- 10th June – The Circus - Past, Present & Future
 - Steve Ward
- 8th July - Hambleton Community Action
 - Chief Officer Lockey

Speaker Meeting Rotas

Coffee

- Apr Trips Out & Stroll
- May Ukulele
- June Pickleball

Registration

- Pub Lunch Group
- Quiz Group
- Recorders

If there are any problems, please contact the Group Co-ordinator

Guidance as to requirements for coffee rota duty is included at the bottom of the diary page

Group News

Creative Cards

Zelma Morley has announced that she is stepping down as group leader for Creative Cards.

Zelma’s contribution has been outstanding in keeping this group going over the years and we would like to thank her for all the remarkable work, effort and enthusiasm that Zelma has provided to the group, which is appreciated by all.

Kath Milner has now taken over the role as Group Leader and her details are available on the contacts list attached to this newsletter.

Beginners Crafts

The Beginners Crafts group have been making ‘Twiddle Muffs’ which can help soothe people suffering from dementia. Kathryn will be passing them onto a home so the recipients can stroke and fiddle with them to help reduce anxiety and agitation - and of course keep their hands warm.
Group Leader - Kathryn Dawson

u3a NORTHALLERTON

Guest Speaker

Chris Lloyd

OF FISH AND ACTORS
100 Years Of Darlington Civic Theatre

THE FORUM | 8TH APR | 10:15AM

nallertonu3asm@gmail.com | Facebook | Northallerton u3a



Coffee Morning



The recent Coffee Morning in the Town Hall was very successful and the committee would like to thank everyone for their help and contributions to this event, all of which was much appreciated

Local News

Drawn to Imperfection

ART EXHIBITION by Dave Nevard

30th March - 4th April 2026

All Saints Church, High Street, Northallerton, DL7 8LU

www.northallerton.church

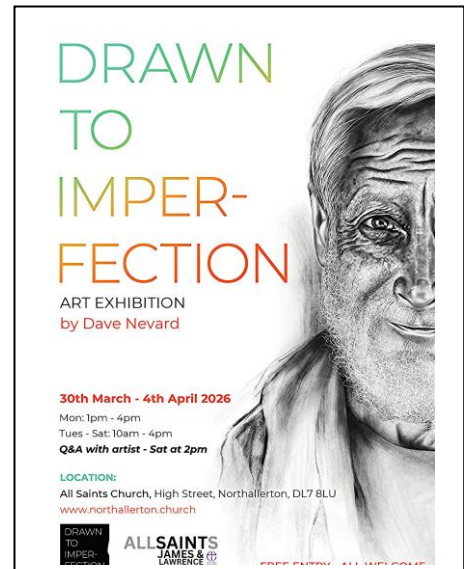
Mon: 1pm - 4pm, Tues - Sat: 10am - 4pm

Q&A with artist - Sat at 2pm

A unique invitation into the story of the Bible through 21 contemporary portraits

All Saints Northallerton will be hosting a stunning exhibition of portraits which tell the biblical story.

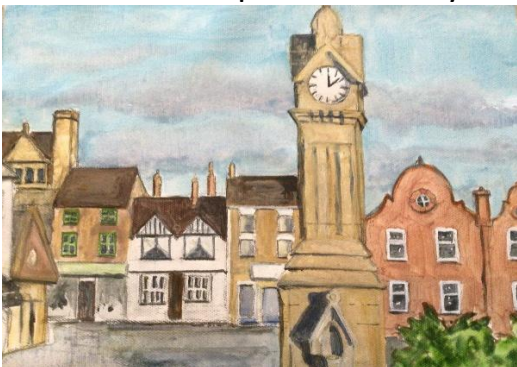
Each portrait reflects the vibrant and vulnerable humanity of these characters. Artist Dave Nevard draws on the depth of the Christian and Hebrew scriptures and his own imaginative skill to create these bold works of art.



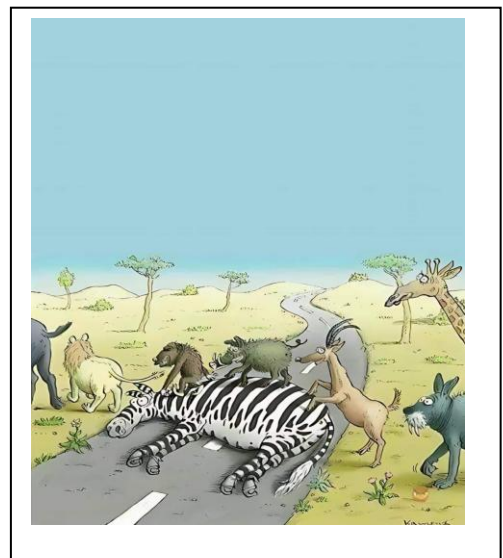
U3a National

old town square with clock tower in Thirsk in North Yorkshire in acrylics. old town square with clock tower in Thirsk in North Yorkshire in acrylics.

Congratulations to Elaine Adams for her entry into the u3a Painting and Drawing challenge – with her picture of the old town square and clock tower in Thirsk painted in acrylics.



The Last Word [alastair.mcminn@gmail.com]



u3a Northallerton - Meetings 2026

For more information about u3a meetings - contact the Group Co-ordinator at groupsnallertonu3a@aol.com

Group	Day	April	May	Time	Venue
Alternative Walking	Tuesday	7th, 14th, 21st, 28th	5th, 12th, 19th, 26th	10.00am	Varies
Badminton	Thursday	2nd, 9th, 16th, 23rd, 30th	14th, 21st, 28th	9.30 - 11.00am	Forum
Basic French	Friday	10th, 24th	8th, 22nd	1.30 - 3pm	Forum
Beginners Crafts	Monday	20th	11th	3.00 - 4.30pm	Forum
Book Club	Wednesday	15th	20th	10.30 - 11.30 am	Library
Canasta	Monday	13th	18th	1.30 - 4.30pm	Forum
Craft Circle	Monday	27th	No meeting	1.30 - 3pm	Forum
Creative Cards	Friday	10th	8th,	3.00 - 4.30pm	Forum
Creative Writing	Monday	13th	11th,	1.30 - 3pm	Library
Exercise to Music	Thursday	2nd, 9th, 16th, 23rd, 30th	7th, 14th, 21st, 28th	11.00 - 11.45am	Forum
Family History	Monday	20th	18th	1.30 - 3.00pm	Library
French Conversation	Friday	10th, 24th	8th, 22nd	3.00 - 4.30pm	Forum
Functional Fitness	Tuesday	21st, 28th	5th, 12th, 19th, 26th	10.00-10.45am	Forum
Functional Fitness 2	Tuesday	21st, 28th	5th, 12th, 19th, 26th	11.00 - 11.45am	Forum
History	Wednesday	1st	6th	2.30 - 4.00pm	Library
Intermediate German	Friday	17th	1st, 15th, 29th	1.30 - 3pm	Forum
Long Walking Group	Tuesday	14th, 28th	12th, 26th	10.00am	Varies
Mahjong	Wednesday	8th, 22nd	13th, 27th	1.30 - 3.30pm	Library
Monthly Meeting	Wednesday	8th	13th	10.00 - 11.30am	Forum
Music for Fun	Thursday	2nd, 9th, 16th, 23rd, 30th	7th, 14th, 21st, 28th	2.00 to 4.00pm	Scout Hall
Natural History	Varies	15th St Aidan's RSPB Reserve	20th Foxglove Covert Nat Reserve	Varies	Outings
Painting & Sketching	Friday	17th,	1st, 15th, 29th	1.30 - 3pm	Forum
Philosophy	Monday	27th	18th	1.30 - 3pm	Forum
Photography	Monday	20th	11th	Varies	Forum /Outings
Pickleball	Wednesday	29th	20th	10 - 11.30am	Forum
Pilates 1	Thursday	2nd, 9th, 16th, 23rd, 30th	7th, 14th, 21st, 28th	12 - 12.45pm	Forum
Pilates 2	Thursday	2nd, 9th, 16th, 23rd, 30th	7th, 14th, 21st, 28th	1pm - 2pm	Forum
Pub Lunch Group	Friday	24th	29th	12.30 for 1pm	Outings
Qigong [Tai Chi]	Wednesday	1st, 8th, 15th, 22nd, 29th	6th, 13th, 20th, 27th	1.30 - 2.30pm	Catholic Ch. Hall
Quiz	Monday	20th	11th,	1.30 - 3pm	Forum
Recorders	Thursday	2nd, 16th, 30th [Upstairs room]	14th, 28th	10.00 - 11.30 am	Forum
Rummikub	Monday	20th	18th	3.00 - 4.30pm	Forum
Shanghai	Monday	27th	11th	3 - 4.30pm	Forum
Signing Group	Monday	20th	18th	1.30 - 2.30pm	Library
Singing for Fun	Monday	13th, 27th	11th,	10.00 - 11.30 am	Methodist Hall
Spanish	Monday	13th, 27th	18th	3.00 - 4.30pm	Forum
Table Tennis	Tuesdays	7th, 14th, 21st, 28th	5th, 12th, 19th, 26th	2.00 - 3.30pm	Forum
Trips Out	Varies	17th Haworth & Bronte Parsonage	22nd Bampton Cliffs & Flamborough	As advised	Various
Ukulele	Monday	13th, 27th	11th,	2.00 - 4.00pm	Scout Hall

An informative note for Groups assisting with the Coffee Rota at the Speakers' Meetings

Coffee Duty Volunteers, of which there should be a maximum of three, should not arrive before 09:30

First duty is to go to the kitchen and stack 60 cups, 12 saucers, 2 glass jugs for milk and 12 teaspoons in a mug onto one of the steel trolleys... by which time Paul should be there with the rest of the provisions.

Volunteers are also requested to assist in clearing up after the meeting, which takes about 15mins.

Due to the number of Groups within the Northallerton u3a, individual Groups are only asked to assist every 2 or 3 years

The Committee are extremely grateful to those who volunteer to assist at the Monthly Meetings, it is very much appreciated