

Newsletter

May 2026

Monthly Meeting

The Forum, 13th May – 10.15am

This month we see the return of Suzanna Strike, who some of you may remember gave us the interesting talk titled “No Man’s Moor”. Her talk this time is titled Sister Dora, Dorothy Wyndham Pattison, who’s an Anglican nun working in Walsall in the 19th century. she dedicated herself to nursing thousands of patients in 2 hospitals - many of whom were victims of industrial accidents.

To learn more, come to our meeting.

Future Meetings

- 10th June – The Circus - Past, Present & Future
– Steve Ward
- 8th July - Hambleton Community Action
– Chief Officer Lockey
- 9th Sept - The Golden Age of Radio – Roger Browne

Speaker Meeting Rotas

	Coffee	Registration
May	Ukulele	Quiz Group
June	Pickleball	Recorders
July	Beginners Crafts	Rummikub

If there are any problems, please contact the Group Co-ordinator

Guidance as to requirements for coffee rota duty is included at the bottom of the diary page

Signing Group

Would all members of the Signing Group please note that meetings have been rescheduled to take place in the Library from 10.30 to 11.30 am

The Last Word [alastair.mcminn@gmail.com]

u3a NORTHALLERTON

Guest Speaker
Susanna Strike

SISTER DORA
The Life and Service of Dorothy Wyndham Pattison

THE FORUM | 13TH MAY | 10:15AM

nallertonu3asm@gmail.com | Northallerton u3a



u3a Northallerton - Meetings 2026

For more information about u3a meetings - contact the Group Co-ordinator at groupsnallertonu3a@aol.com

Group	Day	May	June	Time	Venue
Alternative Walking	Tuesday	5th, 12th, 19th, 26th	2nd, 9th, 16th, 23rd, 30th	10.00am	Varies
Badminton	Thursday	14th, 21st, 28th	4th, 11th, 18th, 25th	9.30 - 11.00am	Forum
Basic French	Friday	8th, 22nd	5th, 19th	1.30 - 3pm	Forum
Beginners Crafts	Monday	11th	15th	3.00 - 4.30pm	Forum
Book Club	Wednesday	20th	17th	10.30 - 11.30 am	Library
Canasta	Monday	18th	15th	1.30 - 4.30pm	Forum
Craft Circle	Monday	No meeting	1st, 22nd	1.30 - 3pm	Forum
Creative Cards	Friday	8th,	12th	3.00 - 4.30pm	Forum
Creative Writing	Monday	11th,	8th	1.30 - 3pm	Library
Exercise to Music	Thursday	7th, 14th, 21st, 28th	4th, 11th, 18th, 25th	11.00 - 11.45am	Forum
Family History	Monday	18th	15th	1.30 - 3.00pm	Library
French Conversation	Friday	8th, 22nd	5th, 19th	3.00 - 4.30pm	Forum
Functional Fitness	Tuesday	5th, 12th, 19th, 26th	2nd, 9th, 16th, 23rd, 30th	10.00-10.45am	Forum
Functional Fitness 2	Tuesday	5th, 12th, 19th, 26th	2nd, 9th, 16th, 23rd, 30th	11.00 - 11.45am	Forum
History	Wednesday	6th	3rd,	2.30 - 4.00pm	Library
Intermediate German	Friday	1st, 15th, 29th	12th, 26th	1.30 - 3pm	Forum
Long Walking Group	Tuesday	12th, 26th	9th, 23rd	10.00am	Varies
Mahjong	Wednesday	13th, 27th	10th, 24th	1.30 - 3.30pm	Library
Monthly Meeting	Wednesday	13th	10th	10.00 - 11.30am	Forum
Music for Fun	Thursday	7th, 14th, 21st, 28th	4th, 11th, 18th, 25th	2.00 to 4.00pm	Scout Hall
Natural History	Varies	20th Foxglove Covert Nat Reserve	17th Old Glebe	Varies	Outings
Painting & Sketching	Friday	1st, 15th, 29th	12th, 26th	1.30 - 3pm	Forum
Philosophy	Monday	18th	15th	1.30 - 3pm	Forum
Photography	Monday	11th	8th	Varies	Forum /Outings
Pickleball	Wednesday	20th	17th, 24th	10 - 11.30am	Forum
Pilates 1	Thursday	7th, 14th, 21st, 28th	4th, 11th, 18th, 25th	12 - 12.45pm	Forum
Pilates 2	Thursday	7th, 14th, 21st, 28th	4th, 11th, 18th, 25th	1pm - 2pm	Forum
Pub Lunch Group	Friday	29th	26th	12.30 for 1pm	Outings
Qigong [Tai Chi]	Wednesday	6th, 13th, 20th, 27th	3rd, 10th, 17th, 24th	1.30 - 2.30pm	Catholic Ch. Hall
Quiz	Monday	11th,	8th	1.30 - 3pm	Forum
Recorders	Thursday	14th, 28th	11th, 25th	10.00 - 11.30 am	Forum
Rummikub	Monday	18th	8th	3.00 - 4.30pm	Forum
Shanghai	Monday	11th	22nd	3 - 4.30pm	Forum
Signing Group	Monday	18th	22nd	10.30 - 11.30 am	Library
Singing for Fun	Monday	11th,	1st, 15th, 29th	10.00 - 11.30 am	Methodist Hall
Spanish	Monday	18th	8th, 22nd	3.00 - 4.30pm	Forum
Table Tennis	Tuesdays	5th, 12th, 19th, 26th	2nd, 9th, 16th, 23rd, 30th	2.00 - 3.30pm	Forum
Trips Out	Varies	22nd Bampton Cliffs & Flamborough	19th Raby Castle	As advised	Various
Ukulele	Monday	11th,	1st, 15th, 29th	2.00 - 4.00pm	Scout Hall

An informative note for Groups assisting with the Coffee Rota at the Speakers' Meetings

Coffee Duty Volunteers, of which there should be a maximum of three, should not arrive before 09:30

First duty is to go to the kitchen and stack 60 cups, 12 saucers, 2 glass jugs for milk and 12 teaspoons in a mug onto one of the steel trolleys... by which time Paul should be there with the rest of the provisions.

Volunteers are also requested to assist in clearing up after the meeting, which takes about 15mins.

Due to the number of Groups within the Northallerton u3a, individual Groups are only asked to assist every 2 or 3 years

The Committee are extremely grateful to those who volunteer to assist at the Monthly Meetings, it is very much appreciated