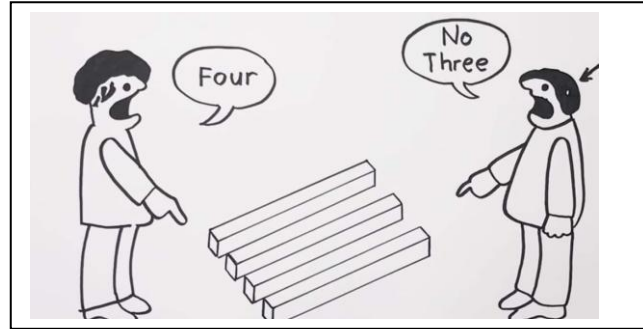


Newsletter

August 2026



Monthly Meeting

No Meeting in August

Future Meetings

Sept 9th – “The Golden Age of Radio” – Roger Browne

Oct 14th – “Life as a Documentary Photographer” - Jim Holmes

Nov -11th – “Wheelchair Adventures” – Brett Crossley

Coffee & Registration Rotas

Details of group requirements are included on the monthly diary page

If there are any problems, please contact alastair.mcminn@gmail.com

Coffee Registration Desk

September	Book Club	Shanghai
October	Creative Writing	Singing for Fun
November	Exercise to Music	Signing Group

Group News

Creative Writing Group

Sadly, due to health problems, John McViegh has decided to step down as group leader of the Creative Writing group. John has led the group for many years as well as being our leading technical expert and organiser for the AV equipment used at the monthly speaker meetings. We are fully indebted to John for all his contributions to the u3a in both capacities and our thanks and best wishes go to John.

Two ladies from the group, Margaret Bell and Louise Knowles, are keen to keep the group going and will see how they manage, hopefully taking over as group leaders going forward.

Monthly Meetings - Technical Support

As I am sure you are aware from the email from Tony Hoyle, we are looking for technical support for the audio/ visual equipment at monthly meetings and would love to hear from any members who can give a hand when required.

This is primarily to cover holidays or other absences from our regular team and is not an onerous task 😊.

If you can assist, please contact either Tony Hoyle or Steve Black]

Long Walks Group

After many years of organising the Long Walks group, Doug Allan has stepped down as group leader. Doug has been a great inspiration to the group which has thrived over the years. Our thanks go to Doug for his enthusiasm and support which has been much appreciated by all. Our best wishes to Doug going forward.

Thanks also to Judy Charlton who has taken over as group leader and we wish her well in this role.

Creative Cards

At the age of 90 Zelma Morley has stepped down as group leader after 15 years running the group. Zelma is an experienced crafter and has dedicated a lot of time and experience to the group, teaching many types of cardmaking. Zelma was presented with a cake and flowers to celebrate her 90th birthday and her years as group leader. Our best wishes go to Zelma, our "trolley dolly", as well as our thanks for all her support over the years.



Draw or Paint

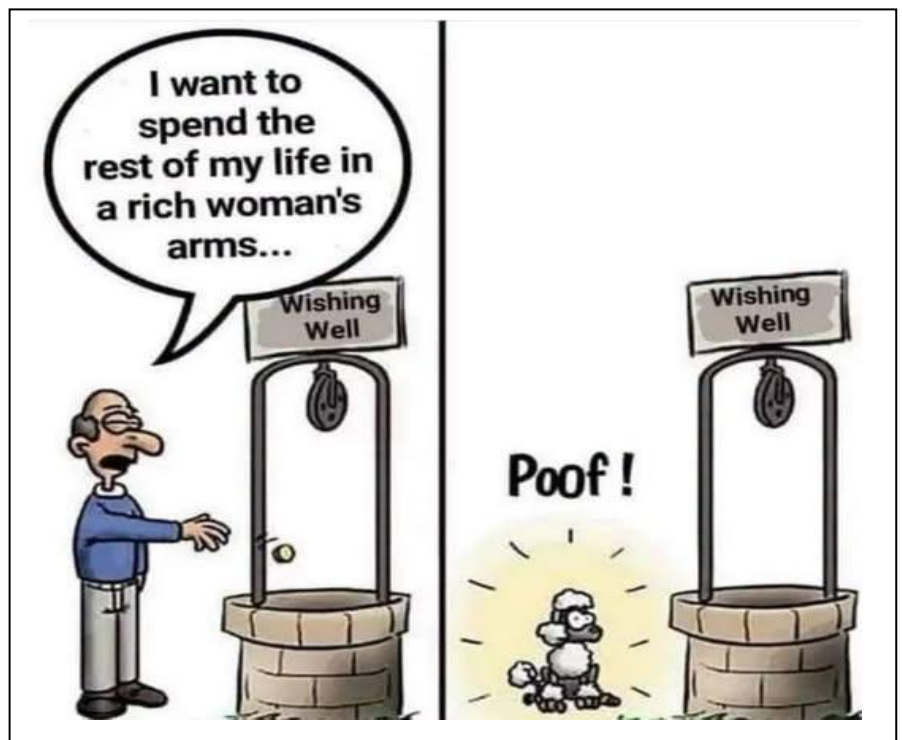
The most recent topic in the u3a Draw or Paint competition was "Illumination" and Jac from the Northallerton u3a was featured with the attached picture entitled "Heading North at Sunset". Congratulations to Jac for being selected.



The Last Word

In case you were not aware, I have been advised that Blue Badge holders can now park in any parking spaces in The Forum and Applegarth parking areas, as opposed to designated Disabled parking spaces only. I checked with the Forum and, at least in their case, this is operational.

Alastair [alastair.mcminn@gmail.com]



u3a Northallerton - Meetings 2026

For more information about u3a meetings - contact the Group Co-ordinator at groupsnallertonu3a@aol.com

Group	Day	August	September	Time	Venue
Alternative Walking	Tuesday	4th, 11th, 18th, 25th	1st, 7th, 15th, 23rd, 29th	10.00am	Varies
Badminton	Thursday	6th, 13th, 20th, 27th	3rd, 10th, 17th, 24th	9.30 - 11.00am	Forum
Basic French	Friday		11th, 25th	1.30 - 3pm	Forum
Book Club	Wednesday		16th	10.30 - 11.30 am	Library
Canasta	Monday		14th	1.30 - 4.30pm	Forum
Craft Circle	Monday		21st	1.30 - 3pm	Forum
Creative Cards	Friday		11th	3.00 - 4.30pm	Forum
Creative Writing	Monday		14th	1.30 - 3pm	Library
Exercise to Music	Thursday	6th, 13th, 20th, 27th	3rd, 10th, 17th	11.00 - 11.45am	Forum
Family History	Monday		21st	1.30 - 3.00pm	Library
French Conversation	Friday		11th, 25th	3.00 - 4.30pm	Forum
Functional Fitness	Tuesday		15th, 22nd, 29th	10.00-10.45am	Forum
Functional Fitness 2	Tuesday		15th, 22nd, 29th	11.00 - 11.45am	Forum
History	Wednesday		2nd	2.30 - 4.00pm	Library
Intermediate German	Friday		4th, 18th	1.30 - 3pm	Forum
Long Walking Group	Tuesday	4th, 18th	1st, 15th, 29th	10.00am	Varies
Mahjong	Wednesday		9th, 23rd	1.30 - 3.30pm	Library
Mixed Crafts	Monday		14th	3.00 - 4.30pm	Forum
Monthly Meeting	Wednesday		9th	10.00 - 11.30am	Forum
Music for Fun	Thursday	6th, 13th, 20th, 27th	3rd, 10th, 17th, 24th	2.00 - 4.00pm	Scout Hall
Natural History	Varies	19th Thornborough & Nosterfield	16th - Teesmouth Field Centre	Varies	Outings
Painting & Sketching	Friday		4th, 18th	1.30 - 3pm	Forum
Philosophy	Monday		21st	1.30 - 3pm	Forum
Photography	Monday		14th	Varies	Forum /Outings
Pickleball	Wednesday	5th, 12th, 19th, 26th	2nd, 23rd, 30th	10 - 11.30am	Forum
Pilates 1	Thursday	6th, 13th, 20th, 27th	3rd, 10th, 17th	12 - 12.45pm	Forum
Pilates 2	Thursday	6th, 13th, 20th, 27th	3rd, 10th, 17th	1pm - 1.45pm	Forum
Pub Lunch Group	Friday	8th	25th	12.30 for 1pm	Outings
Qigong [Tai Chi]	Wednesday		2nd, 9th, 16th, 23rd, 30th	1.30 -2.30pm	Catholic Ch. Hall
Quiz	Monday		7th	1.30 -3pm	Forum
Recorders	Thursday		10th, 24th	10.00 - 11.30 am	Forum
Rummikub	Monday		7th	3.00 - 4.30pm	Forum
Shanghai	Monday		21st	3 - 4.30pm	Forum
Signing Group	Monday		14th, 28th	10.30 -11.30 am	Library
Singing for Fun	Monday		7th, 21st	10.00 - 11.30 am	Methodist Hall
Spanish	Monday		7th, 21st	3.00 - 4.30pm	Forum
Table Tennis	Tuesdays	4th, 11th, 18th, 25th	1st, 8th, 15th, 22nd, 29th	2.00 - 3.30pm	Forum
Trips Out	Varies	21st Trip Cancelled	18th - Masham Distillery	As advised	Various
Ukulele	Monday		7th, 21st	2.00 - 4.00pm	Scout Hall

An informative note for Groups assisting with the Coffee Rota at the Speakers' Meetings

Coffee Duty Volunteers, of which there should be a maximum of three, should not arrive before 09:30

First duty is to go to the kitchen and stack 60 cups, 12 saucers, 2 glass jugs for milk and 12 teaspoons in a mug onto one of the steel trolleys... by which time Paul should be there with the rest of the provisions.

Volunteers are also requested to assist in clearing up after the meeting, which takes about 15mins.

Due to the number of Groups within the Northallerton u3a, individual Groups are only asked to assist every 2 or 3 years

The Committee are extremely grateful to those who volunteer to assist at the Monthly Meetings, it is very much appreciated

Registration Desk In line with the decision to revert back to taking attendance details at monthly meetings for insurance and fire safety purposes, groups are being requested to take it in turns to assist at the registration desk, allowing committee members more time to circulate and discuss any concerns with attendees. We recommend that 2 [or 3] group members attend to cover the registration desk prior to the meeting. Suggest arrival for 9.30/ 9.45 am.