

Newsletter

September 2026

Monthly Meeting

The Forum – 9th September at 10.15am “Richard the Third - Martyr or Monster”

Steve Jackson will provide an insight into Richard III, the last of the Plantagenet York

NOTE

Liz Lockey, the speaker for Community Action, did not bring leaflets, nor the donation box, to the July Speaker's Meeting. At the time it was thought that she was only looking for volunteers.

However, some members wished to give a donation. The box and leaflets will therefore be available at the September meeting. Sheila (speaker finder).



Future Meetings

Oct 14th – “Life as a Documentary Photographer” - Jim Holmes

Nov -11th – “Wheelchair Adventures” – Brett Crossley

Dec 9th – AGM with “Music for Fun”

Coffee & Registration Rotas

Details of group requirements are included on the monthly diary page

If there are any problems, please contact alastair.mcminn@gmail.com

Coffee Registration Desk

September	Book Club	Shanghai
October	Creative Writing	Singing for Fun
November	Exercise to Music	Signing Group

Group News

Trips Out and Stroll

Would member please note that no outing has been planned for November as Sue and Sheila will be on holiday. If anyone is interested in organising a trip for the 20th, can you get in touch with Sheila on nallertonu3asm@gmail.com.

Singing for Fun

Unfortunately the lead musician is leaving Singing for Fun in October and we urgently need a replacement so that this popular fun-loving group can continue. If you feel you can help in any way please contact maureenmcnair@hotmail.co.uk.

Creative Writing

We are delighted to welcome Louise Knowles and Margaret Bell as joint Group Leaders of the Creative Writing group following the resignation of John McVie due to health reasons, and we give John our best wishes.

New group leaders are always very welcome as they are the bloodline of the u3a and ensure that we continue to offer such a wide variety of different classes and meetings.

Thank you, ladies, for ensuring the future of the Creative Writing group

The Last Word

Alastair [alastair.mcminn@gmail.com]

u3a Committee 2027

As we gradually approach the end of the Year **we would like to invite any interested u3a members to contact any Committee Member if they would like to consider joining the committee from the AGM in December.**

There will be a few vacancies on the committee for next year and, as I am sure you are all aware the u3a cannot function as a charity without an active committee. We offer hundreds of sessions and meetings across around 40 active groups – and we need to ensure that we can continue to provide these members' benefits going forward.



u3a Northallerton - Meetings 2026

For more information about u3a meetings - contact the Group Co-ordinator at groupsnallertonu3a@aol.com

Group	Day	September	October	Time	Venue
Alternative Walking	Tuesday	1st, 7th, 15th, 23rd, 29th	6th, 13th, 20th, 27th	10.00am	Varies
Badminton	Thursday	3rd, 10th, 17th, 24th	1st, 8th, 15th, 22nd	9.30 - 11.00am	Forum
Basic French	Friday	11th, 25th	9th, 23rd	1.30 - 3pm	Forum
Book Club	Wednesday	16th	21st	10.30 - 11.30 am	Library
Canasta	Monday	14th	12th	1.30 - 4.30pm	Forum
Craft Circle	Monday	21st	19th	1.30 - 3pm	Forum
Creative Cards	Friday	11th	9th	3.00 - 4.30pm	Forum
Creative Writing	Monday	14th	12th	1.30 - 3pm	Library
Exercise to Music	Thursday	3rd, 10th, 17th	1st, 8th, 15th, 22nd, 29th	11.00 - 11.45am	Forum
Family History	Monday	21st	19th	1.30 - 3.00pm	Library
French Conversation	Friday	11th, 25th	9th, 23rd	3.00 - 4.30pm	Forum
Functional Fitness	Tuesday	15th, 22nd, 29th	6th, 13th, 20th, 27th	10.00-10.45am	Forum
Functional Fitness 2	Tuesday	15th, 22nd, 29th	6th, 13th, 20th, 27th	11.00 - 11.45am	Forum
History	Wednesday	2nd	7th	2.30 - 4.00pm	Library
Intermediate German	Friday	4th, 18th	2nd, 16th, 30th	1.30 - 3pm	Forum
Long Walking Group	Tuesday	1st, 15th, 29th	13th, 27th	10.00am	Varies
Mahjong	Wednesday	9th, 23rd	14th, 28th	1.30 - 3.30pm	Library
Mixed Crafts	Monday	14th	12th	3.00 - 4.30pm	Forum
Monthly Meeting	Wednesday	9th	14th	10.00 - 11.30am	Forum
Music for Fun	Thursday	3rd, 10th, 17th, 24th	1st, 8th, 15th, 22nd, 29th	2.00 - 4.00pm	Scout Hall
Natural History	Varies	16th - Teesmouth Field Centre	TBC Fungus Foray	Varies	Outings
Painting & Sketching	Friday	4th, 18th	2nd, 16th, 30th	1.30 - 3pm	Forum
Philosophy	Monday	21st	19th	1.30 - 3pm	Forum
Photography	Monday	14th	12th	Varies	Forum /Outings
Pickleball	Wednesday	2nd, 23rd, 30th	7th, 21st	10 - 11.30am	Forum
Pilates 1	Thursday	3rd, 10th, 17th	1st, 8th, 15th, 22nd, 29th	12 - 12.45pm	Forum
Pilates 2	Thursday	3rd, 10th, 17th	1st, 8th, 15th, 22nd, 29th	1pm - 1.45pm	Forum
Pub Lunch Group	Friday	25th	30th	12.30 for 1pm	Outings
Qigong [Tai Chi]	Wednesday	2nd, 9th, 16th, 23rd, 30th	7th, 14th, 21st, 28th	1.30 -2.30pm	Catholic Ch. Hall
Quiz	Monday	7th	5th	1.30 -3pm	Forum
Recorders	Thursday	10th, 24th	8th, 22nd	10.00 - 11.30 am	Forum
Rummikub	Monday	7th	5th	3.00 - 4.30pm	Forum
Shanghai	Monday	21st	19th	3 - 4.30pm	Forum
Signing Group	Monday	14th, 28th	12th, 26th	10.30 -11.30 am	Library
Singing for Fun	Monday	7th, 21st	5th, 19th	10.00 - 11.30 am	Methodist Hall
Spanish	Monday	7th, 21st	5th, 19th	3.00 - 4.30pm	Forum
Table Tennis	Tuesdays	1st, 8th, 15th, 22nd, 29th	6th, 13th, 20th, 27th	2.00 - 3.30pm	Forum
Trips Out	Varies	18th - Masham Brewery	16th Yorkshire Sculpture Park	As advised	Various
Ukulele	Monday	7th, 21st	5th, 19th	2.00 - 4.00pm	Scout Hall

An informative note for Groups assisting with the Coffee Rota at the Speakers' Meetings

Coffee Duty Volunteers, of which there should be a maximum of three, should not arrive before 09:30

First duty is to go to the kitchen and stack 60 cups, 12 saucers, 2 glass jugs for milk and 12 teaspoons in a mug onto one of the steel trolleys... by which time Paul should be there with the rest of the provisions.

Volunteers are also requested to assist in clearing up after the meeting, which takes about 15mins.

Due to the number of Groups within the Northallerton u3a, individual Groups are only asked to assist every 2 or 3 years

The Committee are extremely grateful to those who volunteer to assist at the Monthly Meetings, it is very much appreciated

Registration Desk In line with the decision to revert back to taking attendance details at monthly meetings for insurance and fire safety purposes, groups are being requested to take it in turns to assist at the registration desk, allowing committee members more time to circulate and discuss any concerns with attendees. We recommend that 2 [or 3] group members attend to cover the registration desk prior to the meeting. Suggest arrival for 9.30/ 9.45 am.