

Newsletter

Monthly Meeting

October 2026

The Forum – Oct 14th – 10.15am

“In All The Wrong Places”

Life as a professional Documentary Photographer - Jim Holmes

Mary's Meals

A total of £194.13 was raised for Mary's Meals from the donation of foreign coins from Members. They have sent their thanks to us.

Future Meetings

Nov 11th – “Wheelchair Adventures” – Brett Crossley

Dec 9th – AGM with “Music for Fun”

Jan 13th – “Scams” – N.Yorks police

Coffee & Registration Rotas

Details of group requirements are included on the monthly diary page

If there are any problems, please contact alastair.mcminn@gmail.com

Coffee Registration Desk

October	Creative Writing	Singing for Fun
November	History	Signing Group
December	Mahjong	Spanish

Group News

Trips Out and Stroll

We have not got a trip planned for the 20th November as Sue and I will be away. If any member would like to organise one, Sue and I will help by taking names before the 6th November and organise transport.... but the member will have to lead the group on the day. Contact Sheila on nallertonu3asm@gmail.com.

Singing For Fun

Sadly, Trevor Lewis has now had to stepped down as group leader due to health issues. We wish Trevor the very best and thank him sincerely for all the work and dedication he has provided for the Singing for Fun group, which has been much appreciated by all.

As yet the group has not found another musician to lead the group, which is now looking into using backing tracks or just singing along to downloaded songs. It is a lovely group and hopefully a new leader can join the group.

If you are interested, please contact Maureen McNair



u3a Committee

We are still looking for a **Membership Secretary** and the **Group Co-ordinator** to join the committee in December. Craig will mentor the Group Co-ordinator and Kay has agreed to work with the membership secretary for the first 3 months to deal with membership renewals. **Anyone who would like to join the Committee is welcome to come for a taste of what it is like at 10am Wednesday 7th October at the Catholic Church Hall.**

Please contact any of the present Committee.

Coffee Morning

The u3a Northallerton will be holding a coffee morning in the Catholic Hall on **Wednesday 28th October from 10am to 12 noon**. All members are welcome and the Committee and Group Leaders will be there to answer any queries, especially if you are a new member.

Membership Fees

As has become standard procedure, membership fees from 1st September through to next year have now been reduced to £7.50 for any potential new members.

The Last Word

Alastair [alastair.mcminn@gmail.com]



u3a Northallerton - Meetings 2026

For more information about u3a meetings - contact the Group Co-ordinator at groupsnallertonu3a@aol.com

Group	Day	October	November	Time	Venue
Alternative Walking	Tuesday	6th, 13th, 20th, 27th	3rd, 10th, 17th, 24th	10.00am	Varies
Badminton	Thursday	1st, 8th, 15th, 22nd	5th, 12th, 19th, 26th	9.30 - 11.00am	Forum
Basic French	Friday	9th, 23rd	6th, 20th	1.30 - 3pm	Forum
Book Club	Wednesday	21st	18th	10.30 - 11.30 am	Library
Canasta	Monday	12th	9th	1.30 - 4.30pm	Forum
Craft Circle	Monday	19th	23rd	1.30 - 3pm	Forum
Creative Cards	Friday	9th	13th	3.00 - 4.30pm	Forum
Creative Writing	Monday	12th	9th	1.30 - 3pm	Library
Exercise to Music	Thursday	1st, 8th, 15th, 22nd, 29th	5th, 12th, 19th, 26th	11.00 - 11.45am	Forum
Family History	Monday	19th	16th	1.30 - 3.00pm	Library
French Conversation	Friday	9th, 23rd	6th, 20th	3.00 - 4.30pm	Forum
Functional Fitness	Tuesday	6th, 13th, 20th, 27th	3rd, 10th, 17th, 24th	10.00-10.45am	Forum
Functional Fitness 2	Tuesday	6th, 13th, 20th, 27th	3rd, 10th, 17th, 24th	11.00 - 11.45am	Forum
History	Wednesday	7th	4th	2.30 - 4.00pm	Library
Intermediate German	Friday	2nd, 16th, 30th	13th, 27th	1.30 - 3pm	Forum
Long Walking Group	Tuesday	13th, 27th	10th, 24th	10.00am	Varies
Mahjong	Wednesday	14th, 28th	11th, 25th	1.30 - 3.30pm	Library
Mixed Crafts	Monday	12th	9th	3.00 - 4.30pm	Forum
Monthly Meeting	Wednesday	14th	11th	10.00 - 11.30am	Forum
Music for Fun	Thursday	1st, 8th, 15th, 22nd, 29th	5th, 12th, 19th, 26th	2.00 - 4.00pm	Scout Hall
Natural History	Varies	5th High Batts Nature Reserve	18th Stavely Nature Reserve/ 30th	Varies	Outings
Painting & Sketching	Friday	2nd, 16th, 30th	13th, 27th	1.30 - 3pm	Forum
Philosophy	Monday	19th	16th	1.30 - 3pm	Forum
Photography	Monday	12th	9th	Varies	Forum /Outings
Pickleball	Wednesday	7th, 21st	4th, 18th, 25th	10 - 11.30am	Forum
Pilates 1	Thursday	1st, 8th, 15th, 22nd, 29th	5th, 12th, 19th, 26th	12 - 12.45pm	Forum
Pilates 2	Thursday	1st, 8th, 15th, 22nd, 29th	5th, 12th, 19th, 26th	1pm - 1.45pm	Forum
Pub Lunch Group	Friday	30th	27th	12.30 for 1pm	Outings
Qigong [Tai Chi]	Wednesday	14th, 21st, 28th	4th, 11th, 18th, 25th	1.30 -2.30pm	Catholic Ch. Hall
Quiz	Monday	5th	16th	1.30 -3pm	Forum
Recorders	Thursday	8th, 22nd	5th, 19th	10.00 - 11.30 am	Forum
Rummikub	Monday	5th	2nd, 30th	3.00 - 4.30pm	Forum
Shanghai	Monday	19th	16th	3 - 4.30pm	Forum
Signing Group	Monday	12th, 26th	9th, 23rd	10.30 -11.30 am	Library
Singing for Fun	Monday	5th, 19th	2nd, 16th, 30th	10.00 - 11.30 am	Methodist Hall
Spanish	Monday	5th, 19th	2nd, 16th, 30th	3.00 - 4.30pm	Forum
Table Tennis	Tuesdays	6th, 13th, 20th, 27th	3rd, 10th, 17th, 24th	2.00 - 3.30pm	Forum
Trips Out	Varies	16th Yorkshire Sculpture Park	No outing or tbc	As advised	Various
Ukulele	Monday	5th, 19th	2nd, 16th, 30th	2.00 - 4.00pm	Scout Hall

An informative note for Groups assisting with the Coffee Rota at the Speakers' Meetings

Coffee Duty Volunteers, of which there should be a maximum of three, should not arrive before 09:30

First duty is to go to the kitchen and stack 60 cups, 12 saucers, 2 glass jugs for milk and 12 teaspoons in a mug onto one of the steel trolleys... by which time Paul should be there with the rest of the provisions.

Volunteers are also requested to assist in clearing up after the meeting, which takes about 15mins.

Due to the number of Groups within the Northallerton u3a, individual Groups are only asked to assist every 2 or 3 years

The Committee are extremely grateful to those who volunteer to assist at the Monthly Meetings, it is very much appreciated

Registration Desk In line with the decision to revert back to taking attendance details at monthly meetings for insurance and fire safety purposes, groups are being requested to take it in turns to assist at the registration desk, allowing committee members more time to circulate and discuss any concerns with attendees. We recommend that 2 [or 3] group members attend to cover the registration desk prior to the meeting. Suggest arrival for 9.30/ 9.45 am.